



Factors Associated with In-Facility and Out-of-facility COVID-19 deaths, Free State Province, South Africa - March 2020 to March 2022.

Date: 26 September 2024
Venue: CTICC

Background

COVID-19, caused by the **SARS-CoV-2** virus originating in China. Early in the pandemic, it was thought that Africa had been “**spared**”

“COVID-19 seems to affect key populations more severely, but overall morbidity and mortality is low” (paraphrased)

– Dr Jean Nachega 24 September 2024

"If our data are generalizable to other settings in Africa, the answer to the question, 'Why did COVID-19 skip Africa?', is that it didn't." suggesting an explanation with the adage –

"an absence of evidence is not evidence of absence."

– Mwanyananda, et al. 2020

Background

A gap in knowledge of the true extent, and “**who, what, where**” of COVID-19 associated deaths remains.

Excess deaths suggest underreporting of COVID-19 by a factor of 3.07 (95% Confidence interval 2.88-3.30) globally.

Hospital surveillance in SA during COVID-19 was **~100%** complete.

Deaths During COVID-19 Pandemic in SA

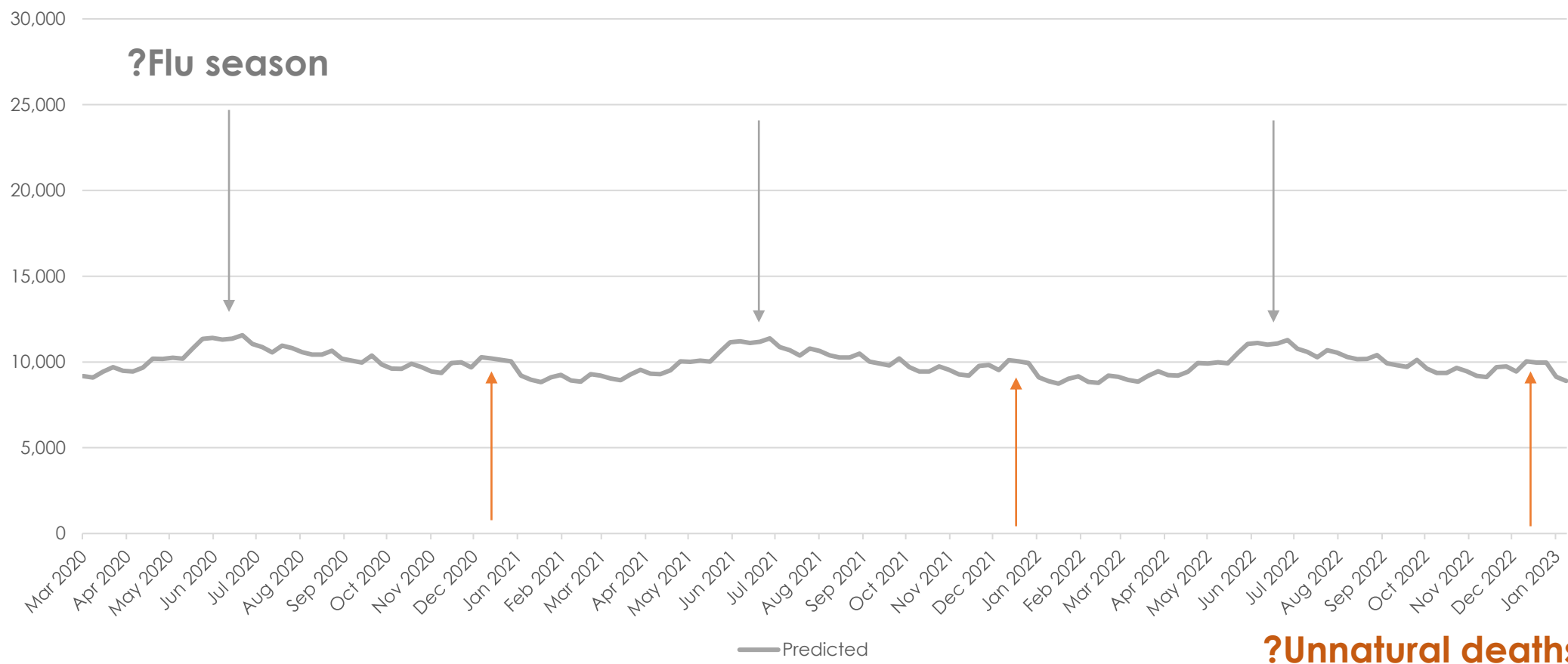


Figure 1: Predicted all-cause mortality given no COVID (counterfactual)
Source: South African Medical Research Council



Deaths During COVID-19 Pandemic in SA

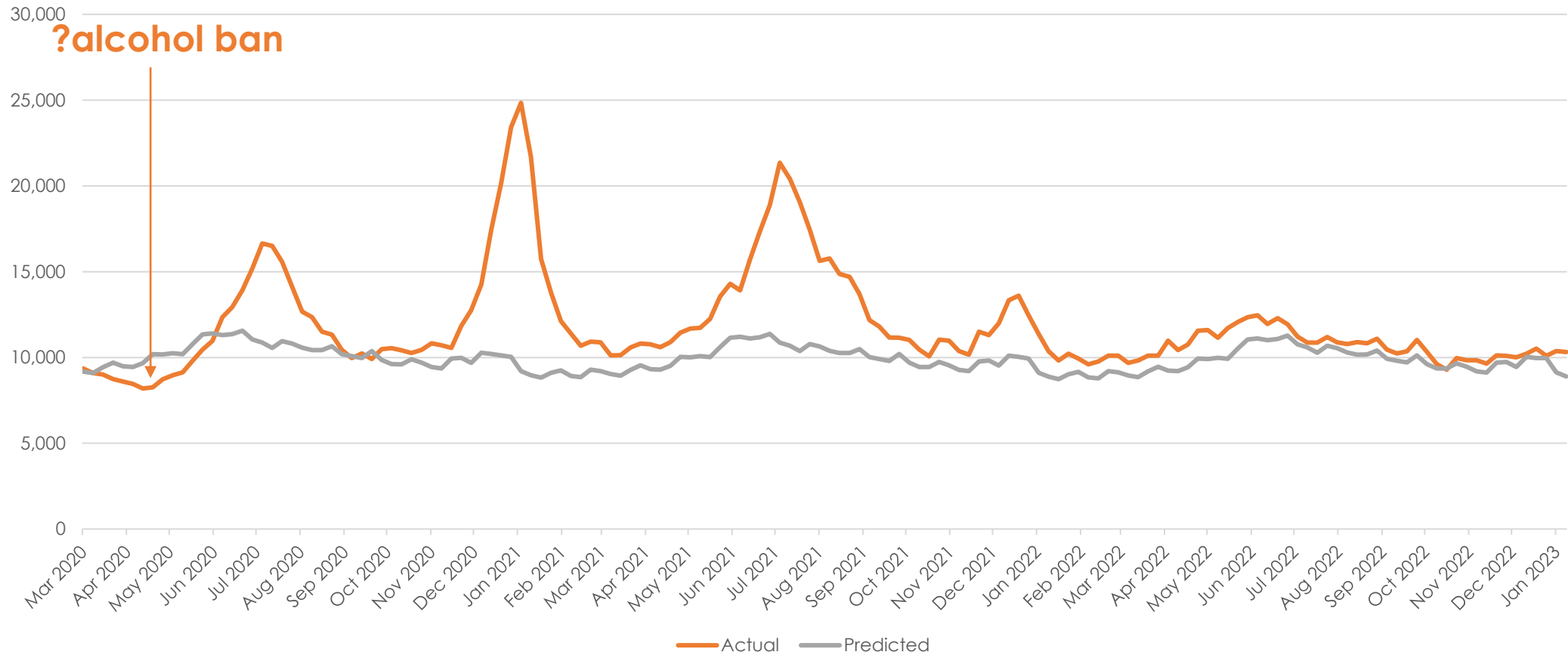


Figure 1: Predicted all-cause mortality and actual all-cause deaths
Source: South African Medical Research Council

Deaths During COVID-19 Pandemic in SA

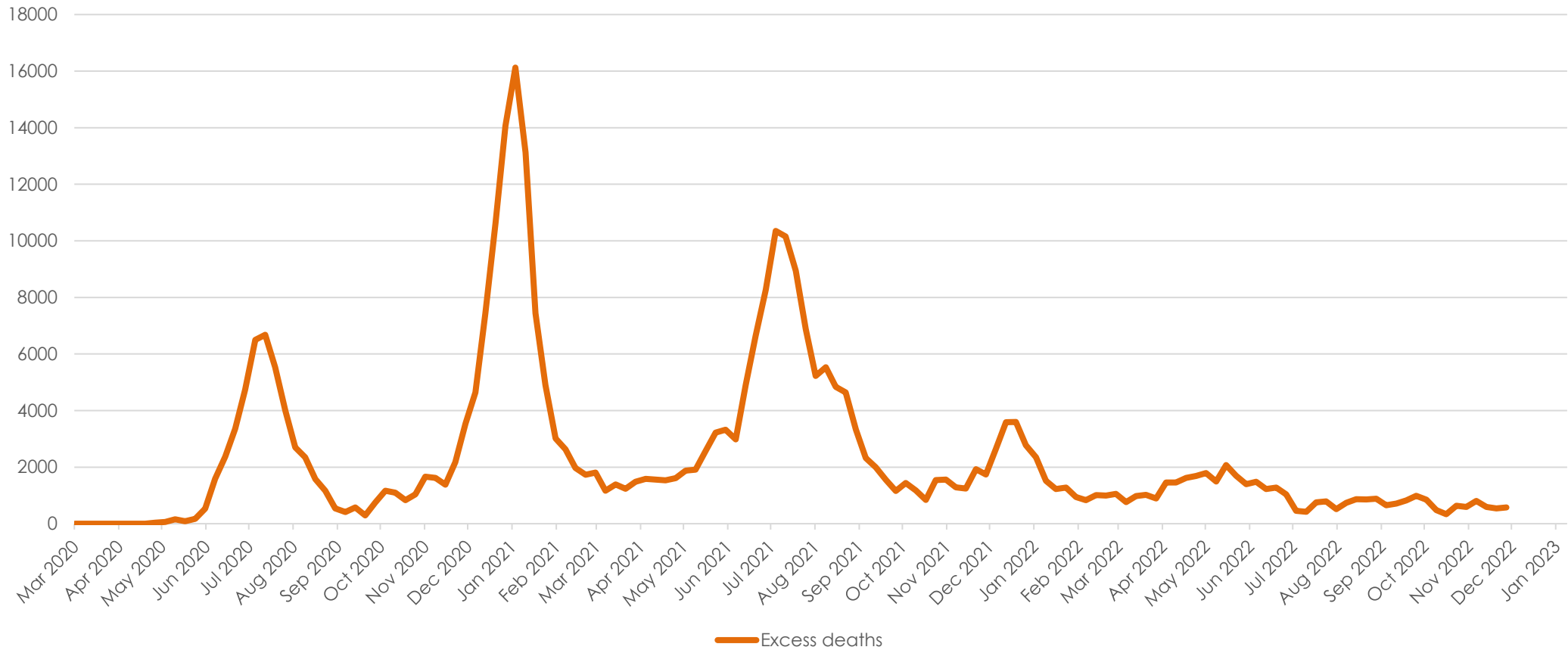


Figure 2: Excess all-cause deaths and reported COVID-19 deaths
Source: South African Medical Research Council

Deaths During COVID-19 Pandemic in SA

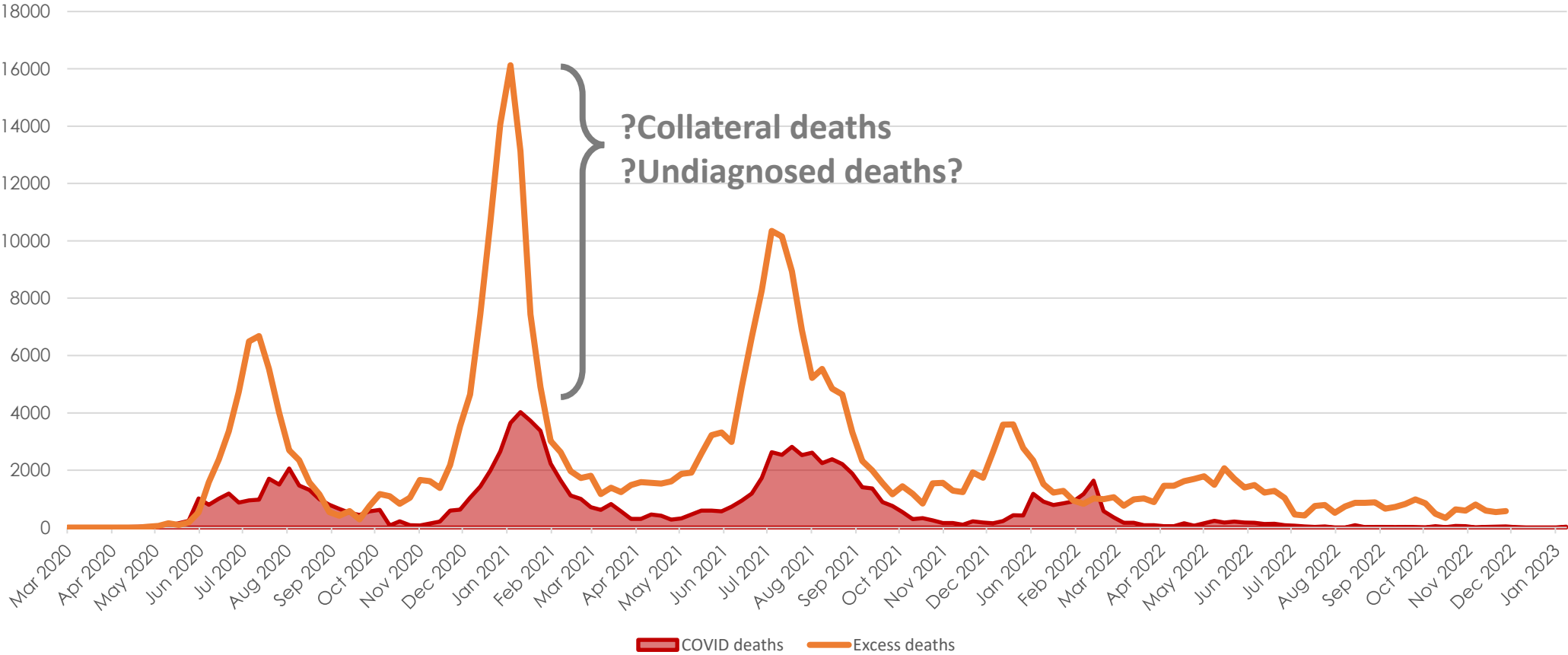
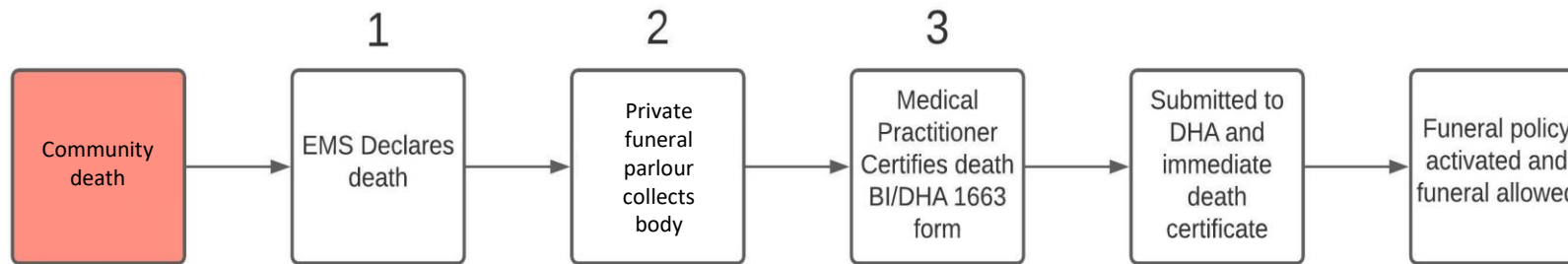
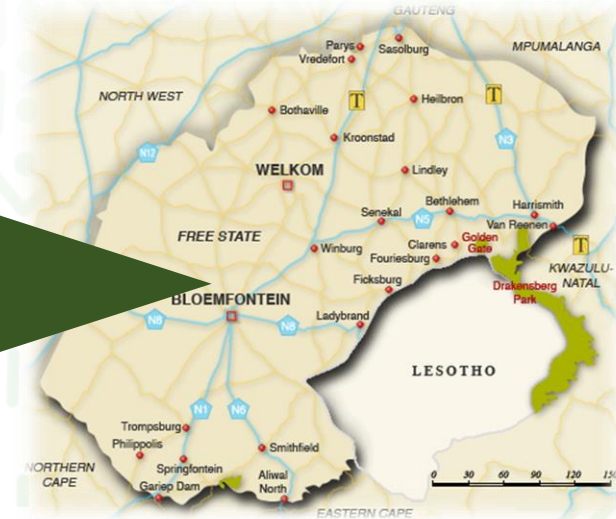


Figure 2: Excess all-cause deaths and reported COVID-19 deaths
 Source: South African Medical Research Council

Enhanced Surveillance



Enhanced surveillance included collecting **Nasopharyngeal** swabs from Natural out-of-hospital deaths and conducting **RT-PCR** for **SARS-CoV-2**.

Aims Objectives

Research question:

Do the sociodemographic and clinical characteristics **differ** by in-facility vs out-of-facility COVID-19 related deaths.

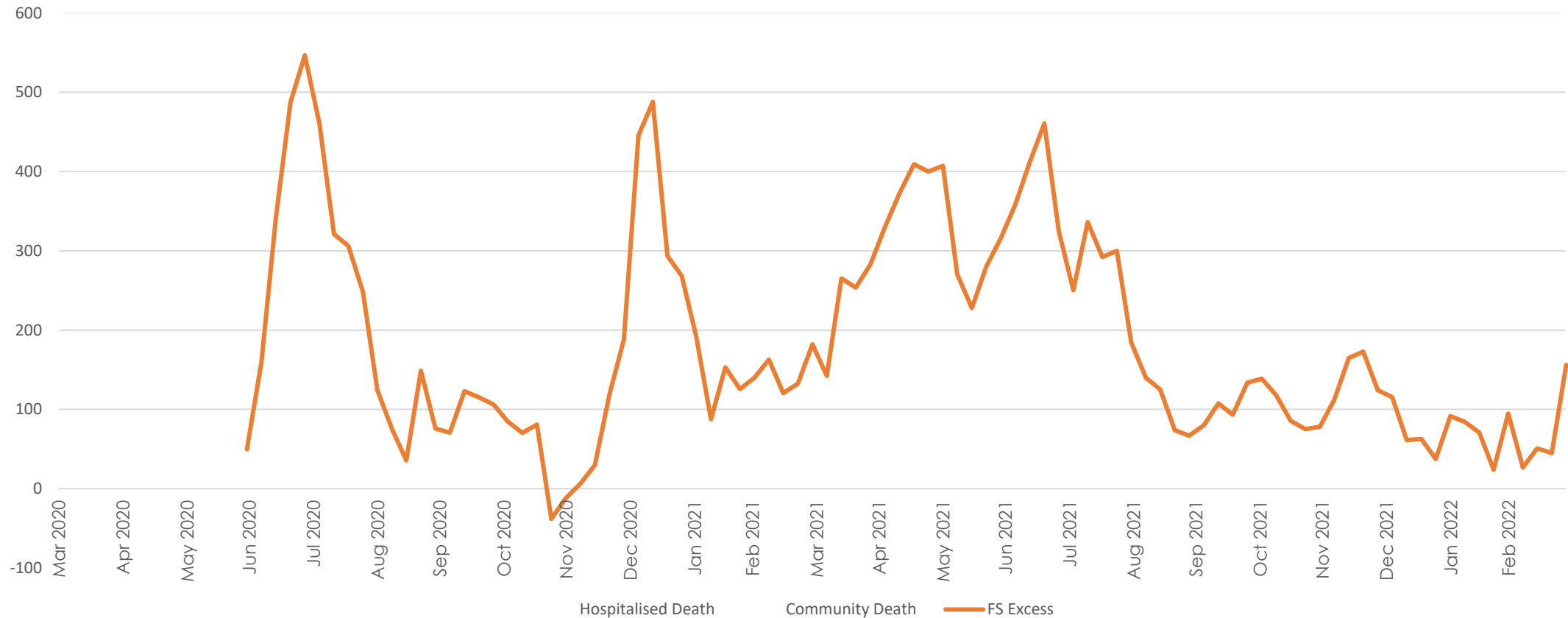
Aim of the Study:

To describe and compare the sociodemographic and clinical characteristics of **in-facility** vs **out-of-facility** COVID-19 related deaths in Free-State, Africa.

Objectives:

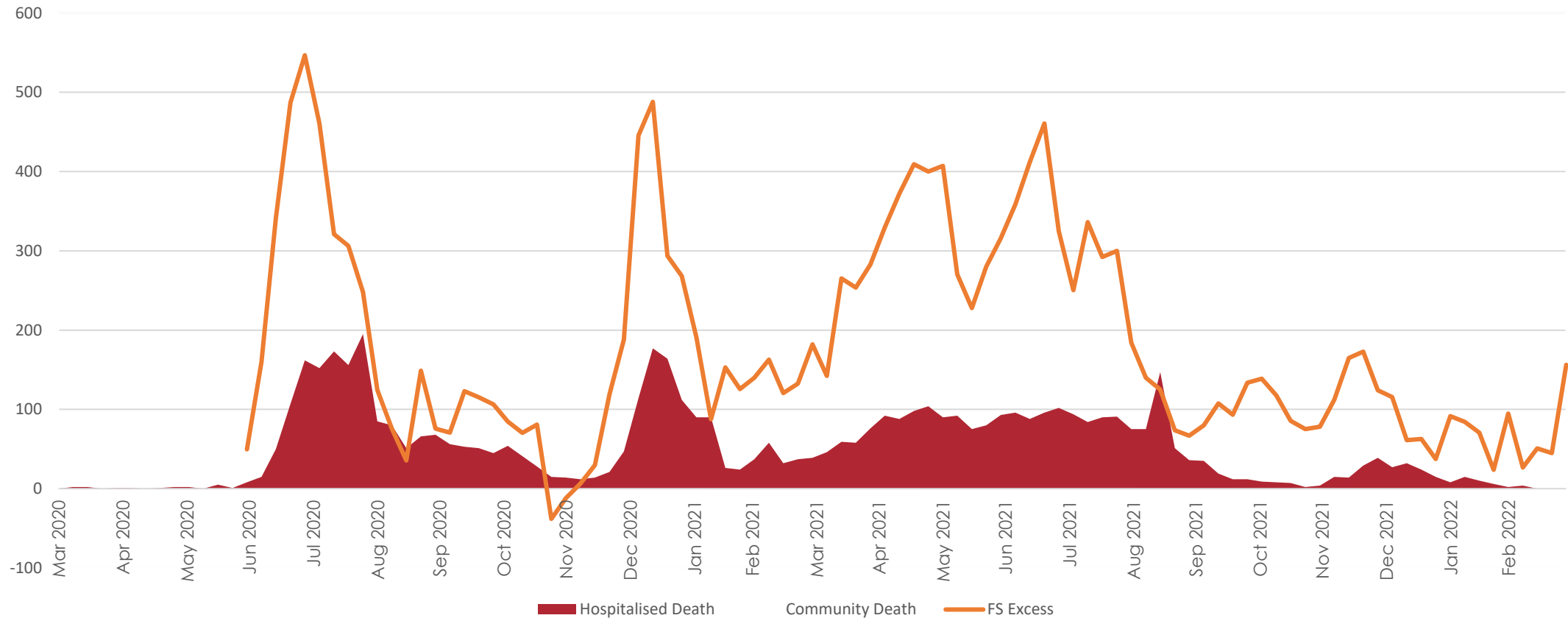
1. Describe the epidemiology of in-facility vs out-of-facility COVID-19 cases
2. Determine differences between in-facility and out-of-facility deaths among COVID-19 associated deaths
3. Determine and compare factors associated with in-facility and out-of-facility COVID-19 deaths

Results



There were ~201 000 cases of COVID-19 in Free state (population ~ 2.9 million) with 8 589 deaths (CFR 4.3%)
~17 000 **excess deaths** recorded.

Results

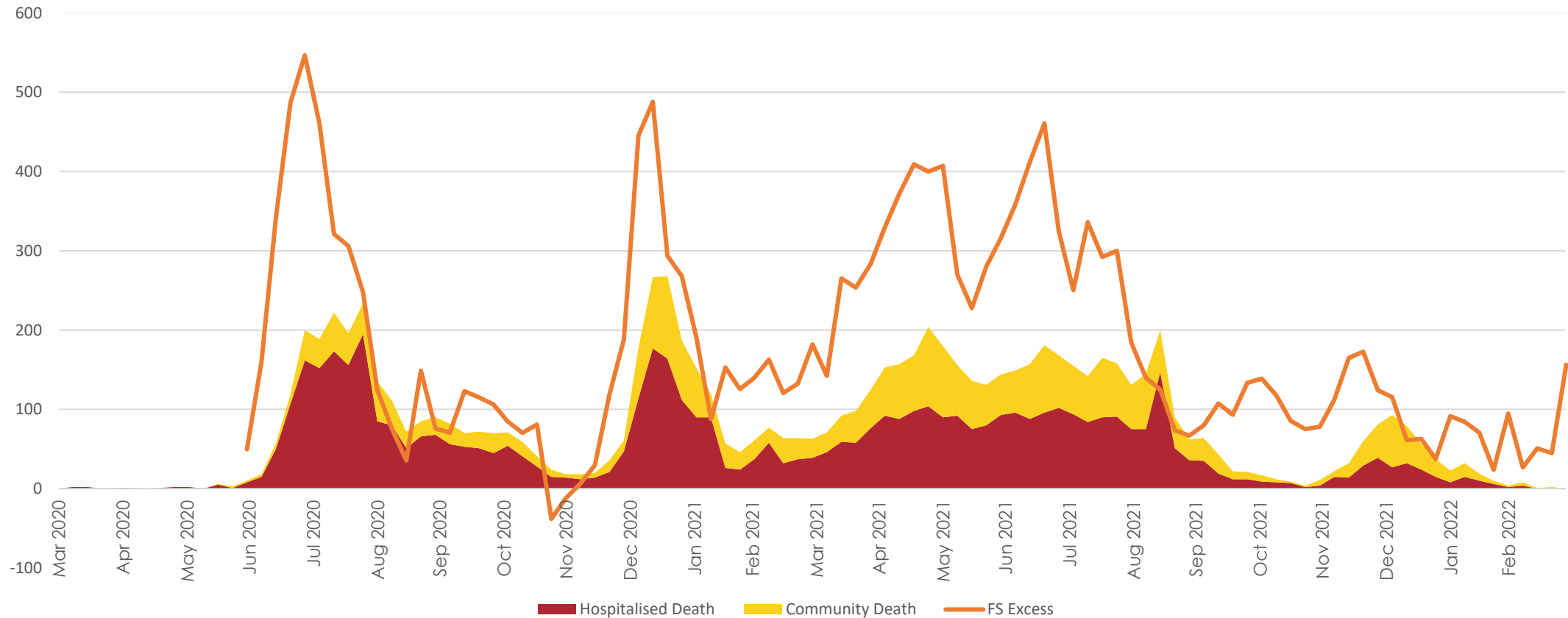


~17 000 **excess deaths** recorded.

~21 000 **hospitalised cases** with 5 430 deaths (**CFR 26%**)



Results



~179 000 **community cases** with 3 159 deaths (**CFR 1.8%**)

~21 000 **hospitalised cases** with 5 430 deaths (**CFR 26%**)



Results

Characteristic	Univariate		Multivariate	
	OR (95% CI) ¹	p-value	aOR (95% CI) ¹	p-value
Age Category				
60-69	—		—	
0-9	2.13 (1.75-2.59)	<0.001	1.56 (1.26-1.92)	<0.001
10-19	2.49 (1.52-4.12)	<0.001	2.67 (1.57-4.60)	<0.001
20-29	1.51 (1.11-2.04)	0.008	1.44 (1.03-2.01)	0.030
30-39	1.11 (0.90-1.37)	0.32	1.03 (0.82-1.29)	0.80
40-49	0.91 (0.77-1.08)	0.29	0.90 (0.74-1.08)	0.25
50-59	0.81 (0.71-0.93)	0.003	0.82 (0.71-0.95)	0.008
70-79	1.00 (0.88-1.15)	0.95	1.01 (0.87-1.16)	0.94
80+	1.37 (1.18-1.59)	<0.001	1.25 (1.06-1.47)	0.007
Gender				
Female	—		—	
Male	0.84 (0.77-0.92)	<0.001	0.90 (0.82-1.00)	0.044
District				
Mangaung	—		—	
Thabo Mofutsanyane	3.14 (2.80-3.51)	<0.001	3.18 (2.82-3.58)	<0.001
Lejweleputswa	0.40 (0.35-0.47)	<0.001	0.43 (0.37-0.50)	<0.001
Fezile Dabi	1.41 (1.23-1.62)	<0.001	1.50 (1.30-1.73)	<0.001
Xhariep	1.12 (0.87-1.42)	0.38	1.18 (0.91-1.52)	0.20
Wave Id				
3rd Wave	—		—	
Pre-1st Wave	0.33 (0.18-0.56)	<0.001	0.48 (0.27-0.83)	0.012
1st Wave	0.40 (0.36-0.46)	<0.001	0.44 (0.39-0.50)	<0.001
Pre-2nd Wave	0.69 (0.50-0.93)	0.018	0.69 (0.49-0.95)	0.025
2nd Wave	0.73 (0.64-0.83)	<0.001	0.64 (0.56-0.74)	<0.001
Pre-3rd Wave	1.03 (0.84-1.27)	0.76	0.83 (0.66-1.04)	0.11
Pre-4th Wave	1.60 (1.14-2.26)	0.007	1.37 (0.95-1.97)	0.094
4th Wave	1.88 (1.57-2.26)	<0.001	1.67 (1.37-2.03)	<0.001
Post-4th Wave	4.15 (1.74-11.5)	0.003	5.52 (2.19-15.9)	<0.001
Cardiac condition	1.15 (1.02-1.29)	0.024		
Immunological condition	1.48 (1.16-1.88)	0.002		
Respiratory condition inc TB	0.91 (0.60-1.37)	0.66		
Neurological Condition	0.92 (0.37-2.11)	0.84		
Has Diabetes (DM)	0.82 (0.70-0.96)	0.015	0.71 (0.60-0.85)	<0.001
Renal condition	0.70 (0.35-1.30)	0.27		
Is Pregnant	0.38 (0.06-1.48)	0.22	0.29 (0.04-1.23)	0.13
Has Malignancy	0.96 (0.64-1.44)	0.86		
Liver condition	1.72 (0.71-4.20)	0.23	2.43 (0.91-6.42)	0.071

¹OR = Odds Ratio, CI = Confidence Interval

The (a)OR of being a community-death:

Being male was associated with a lower odds of being a community death compared to females, however this effect was weaker when controlling for other factors (OR 0.84, 95% CI 0.77-0.92; aOR 0.91, 95% CI 0.82–1.00).

The **first and second waves** were associated with a lower odds of being a **community death** whereas the **fourth wave** was associated with a higher odds of being a community death compared to the third wave - this was demonstrated in both univariate and multivariate regression (4th wave OR 1.88, 95% CI 1.57-2.26; aOR 1.67, 95% CI 1.37-2.03).

Results

The (a)OR of death:

Characteristic	Community Univariate		Hospital Univariate		Community Multivariate		Hospital Multivariate	
	OR (95% CI) ¹	p-value	OR (95% CI) ¹	p-value	aOR (95% CI) ¹	p-value	aOR (95% CI) ¹	p-value
Age Category								
60-69	—		—		—		—	
0-9	0.50 (0.43-0.57)	<0.001	0.56 (0.47-0.66)	<0.001	0.46 (0.40-0.53)	<0.001	0.50 (0.42-0.59)	<0.001
10-19	0.03 (0.02-0.04)	<0.001	0.04 (0.02-0.05)	<0.001	0.03 (0.02-0.03)	<0.001	0.04 (0.03-0.05)	<0.001
20-29	0.05 (0.04-0.06)	<0.001	0.10 (0.08-0.12)	<0.001	0.05 (0.04-0.06)	<0.001	0.09 (0.08-0.12)	<0.001
30-39	0.07 (0.06-0.08)	<0.001	0.16 (0.14-0.19)	<0.001	0.08 (0.07-0.09)	<0.001	0.16 (0.14-0.18)	<0.001
40-49	0.13 (0.11-0.15)	<0.001	0.29 (0.26-0.32)	<0.001	0.13 (0.12-0.15)	<0.001	0.28 (0.25-0.31)	<0.001
50-59	0.30 (0.27-0.34)	<0.001	0.52 (0.48-0.58)	<0.001	0.32 (0.28-0.35)	<0.001	0.51 (0.46-0.56)	<0.001
70-79	1.79 (1.60-2.00)	<0.001	1.44 (1.29-1.60)	<0.001	1.88 (1.68-2.11)	<0.001	1.50 (1.34-1.67)	<0.001
80+	3.35 (2.96-3.79)	<0.001	1.57 (1.38-1.79)	<0.001	3.61 (3.17-4.10)	<0.001	1.64 (1.43-1.87)	<0.001
Gender								
Female	—		—		—		—	
Male	0.88 (0.81-0.94)	<0.001	1.10 (1.03-1.17)	0.003	0.97 (0.90-1.04)	0.37	1.05 (0.98-1.13)	0.15
District								
Mangaung	—		—		—		—	
Thabo Mofutsanyane	3.12 (2.87-3.40)	<0.001	0.93 (0.85-1.02)	0.14	2.46 (2.25-2.69)	<0.001	0.95 (0.86-1.05)	0.29
Lejweleputswa	0.72 (0.63-0.82)	<0.001	1.08 (1.00-1.17)	0.066	0.59 (0.51-0.68)	<0.001	1.17 (1.07-1.28)	<0.001
Fezile Dabi	1.52 (1.36-1.70)	<0.001	0.89 (0.80-0.98)	0.015	1.14 (1.02-1.28)	0.025	0.87 (0.79-0.97)	0.014
Xhariep	1.13 (0.92-1.38)	0.22	0.26 (0.22-0.30)	<0.001	0.98 (0.80-1.20)	0.87	0.42 (0.35-0.49)	<0.001
Wave Id								
3rd Wave	—		—		—		—	
Pre-1st Wave	0.47 (0.28-0.75)	0.003	0.39 (0.30-0.51)	<0.001	0.59 (0.34-0.94)	0.038	0.47 (0.35-0.62)	<0.001
1st Wave	0.48 (0.44-0.53)	<0.001	0.52 (0.49-0.56)	<0.001	0.54 (0.49-0.60)	<0.001	0.47 (0.43-0.51)	<0.001
Pre-2nd Wave	1.13 (0.86-1.45)	0.35	0.39 (0.32-0.48)	<0.001	1.03 (0.78-1.34)	0.81	0.38 (0.31-0.47)	<0.001
2nd Wave	1.52 (1.37-1.69)	<0.001	0.70 (0.64-0.77)	<0.001	1.14 (1.02-1.27)	0.024	0.64 (0.58-0.71)	<0.001
Pre-3rd Wave	2.01 (1.71-2.36)	<0.001	0.61 (0.52-0.72)	<0.001	1.85 (1.55-2.19)	<0.001	0.64 (0.54-0.75)	<0.001
Pre-4th Wave	1.76 (1.37-2.21)	<0.001	0.48 (0.36-0.63)	<0.001	1.46 (1.13-1.87)	0.003	0.51 (0.38-0.69)	<0.001
4th Wave	0.45 (0.40-0.51)	<0.001	0.53 (0.46-0.62)	<0.001	0.43 (0.38-0.48)	<0.001	0.52 (0.44-0.62)	<0.001
Post-4th Wave	0.47 (0.29-0.73)	0.002	0.15 (0.06-0.32)	<0.001	0.45 (0.27-0.70)	0.001	0.13 (0.05-0.29)	<0.001
Cardiac condition	3.14 (2.85-3.45)	<0.001	0.93 (0.86-1.02)	0.11			0.52 (0.47-0.57)	<0.001
Immunological condition	1.65 (1.37-1.97)	<0.001	0.48 (0.40-0.57)	<0.001	1.82 (1.49-2.20)	<0.001	0.69 (0.57-0.83)	<0.001
Respiratory condition inc TB	1.45 (1.01-1.99)	0.032	0.71 (0.54-0.92)	0.013			0.61 (0.45-0.81)	<0.001
Neurological Condition	1.74 (0.79-3.28)	0.12	0.54 (0.30-0.90)	0.026			0.48 (0.25-0.84)	0.014
Has Diabetes (DM)	3.68 (3.22-4.19)	<0.001	1.09 (0.98-1.21)	0.16	1.36 (1.18-1.56)	<0.001	0.87 (0.78-0.98)	0.028
Renal condition	8.59 (4.57-14.9)	<0.001	1.63 (1.05-2.50)	0.027	3.52 (1.78-6.51)	<0.001	1.53 (0.95-2.43)	0.078
Is Pregnant	0.19 (0.03-0.60)	0.020	0.14 (0.06-0.25)	<0.001	0.32 (0.05-1.01)	0.11	0.35 (0.16-0.66)	0.003
Has Malignancy	1.89 (1.34-2.59)	<0.001	0.89 (0.67-1.16)	0.40	0.76 (0.53-1.06)	0.13	0.73 (0.54-0.98)	0.040
Liver condition	7.90 (3.82-14.6)	<0.001	1.32 (0.60-2.71)	0.47	6.16 (2.79-12.4)	<0.001		

¹OR = Odds Ratio, CI = Confidence Interval

Higher in 4th wave among community, lower in hospital model.

Higher for **immune-conditions** in community, lower in hospital model.

Higher for **diabetes** in community, lower in hospital model

Limitations

- We do not know the exact **cause and mechanism of death** of those who died as laboratory confirmed COVID-19 cases. (2020 annual report on COD released May 2024.)
- Constrained access to comprehensive clinical information reduces **granular** clinical information but **emphasizes** the need for a more **integrated** approach to disease surveillance in South Africa.
- The current analysis fails to control for the **risk of hospitalization**
 - Could be improved with:
 - Include and exclude hospital end-point
 - Propensity score matching
 - Conditional risk

Discussion

- Descriptive statistics on the proportion of Hospital vs Community deaths provides strong evidence for policy recommendation **to improve mortality surveillance.**
- Understanding **health-seeking behaviours** and their effect on death in different age and gender groups remains intriguing, albeit challenging as those who die cannot be interviewed.
- **Active community surveillance** uncovers new population (?not known to health system)
- **New networks** for surveillance can be utilized for verbal autopsy implementation.

Conclusion for theme: **Epidemiology and complexity**

- Integrating all clinical and demographic information is critical to answering complex epidemiological questions.
- Networks for mortality surveillance are not limited to the “health workers” *Think funeral/undertaker industry.
- We cannot only use surveillance from data that is “easy” to get.

Acknowledgements



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