



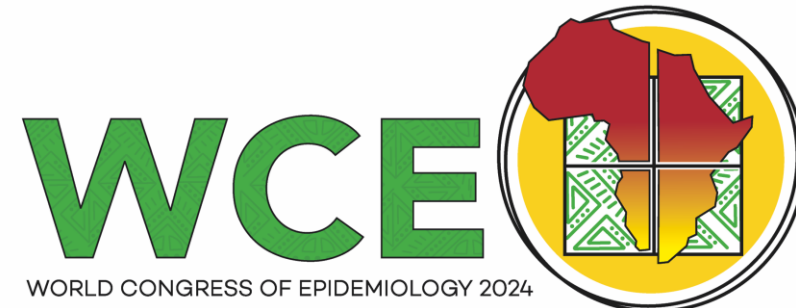
# The seroprevalence of Q fever and its risk factors among occupational high-risk groups in South Korea

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# Q fever

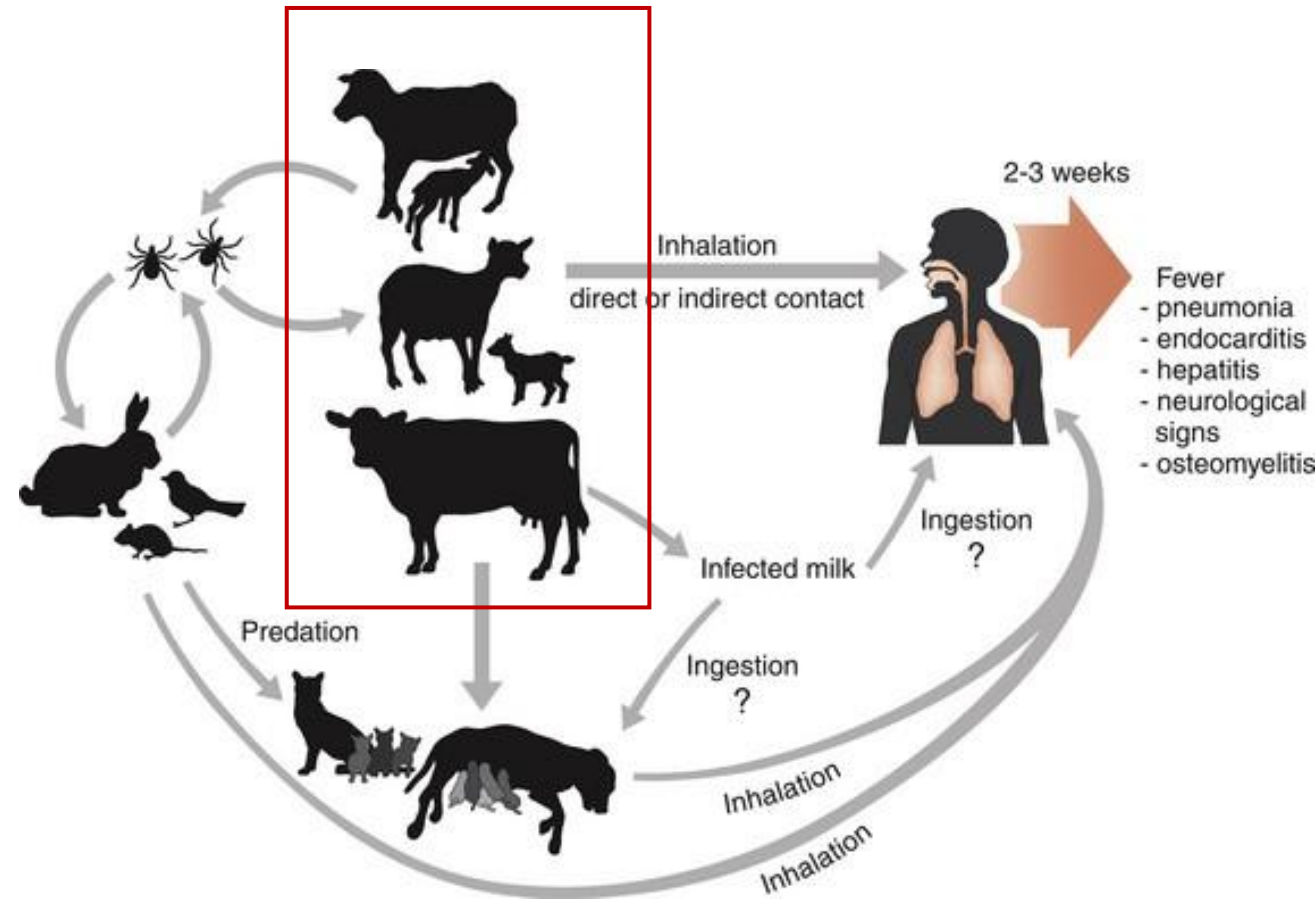
- a highly infectious **zoonotic disease** with worldwide prevalence
- caused by the *Coxiella burnetii*, which can infect mammals, birds, reptiles and ticks.
- Human infection with *C. burnetii* ;
  - about 40-50% of all cases causes **acute disease**: flu-like symptom, pneumonia, acute hepatitis; often diagnosed as FUO
  - **post Q fever fatigue syndrome**: 20% of all symptomatic cases
  - **chronic Q fever** (persistent localized infection, i.e. endocarditis, osteomyelitis, chronic hepatitis..): about 1-5 % of infected case, within 2-20 years, 20-25% of case fatality rate



*C. Burnetti*  
(Science 2007. Jul.2)

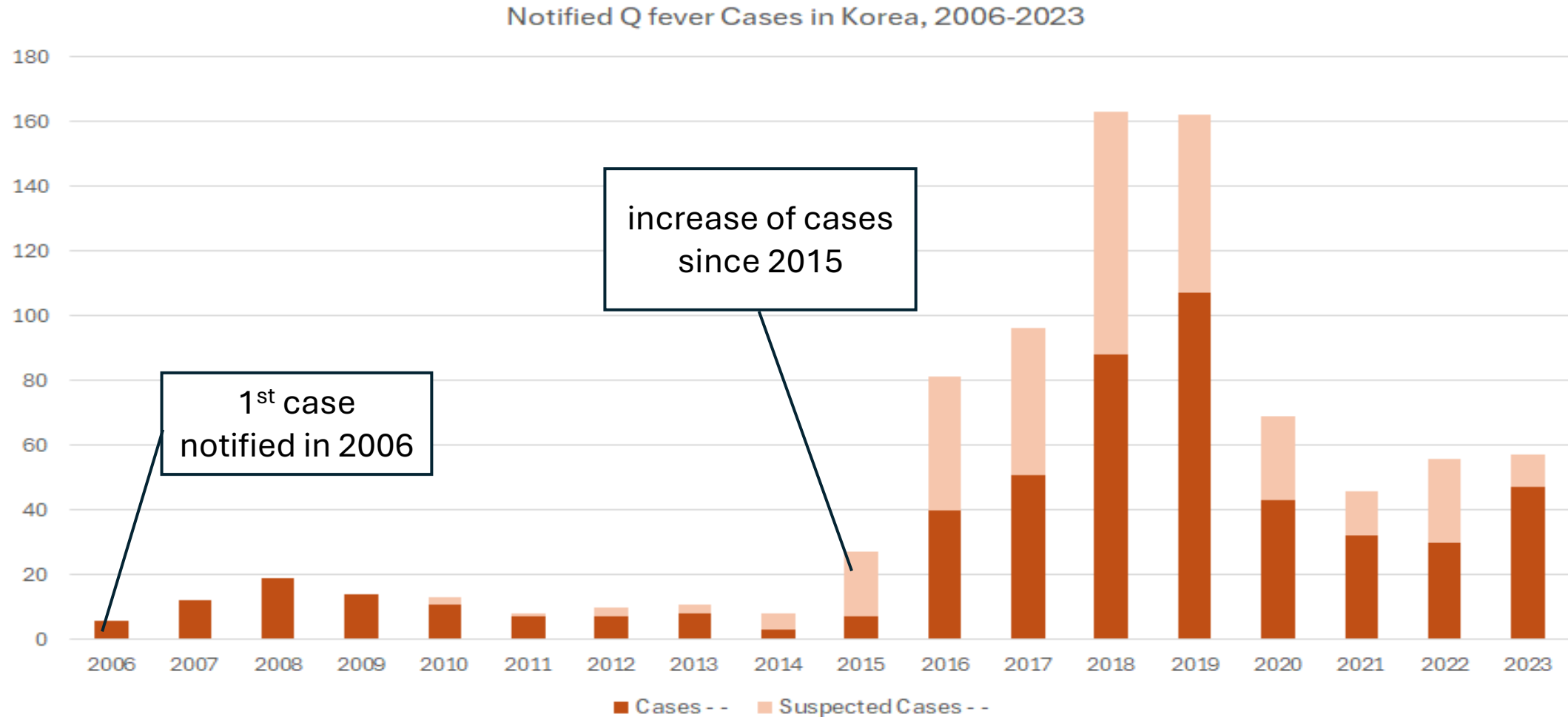
# Q fever transmission

- *C. burnetii* are found in the birth products (i.e. placenta), urine, feces, and milk of infected animals.
- People get infected by breathing in dust that has been contaminated by them from infected animals, mostly **cattle, goat and sheep**.
- Direct contact and ingestion of contaminated milk are another route of transmission.
- **High risk groups**
  - Livestock (cattle, goat) and dairy farmers
  - abattoir and meat workers
  - workers and transporters of livestock, livestock products and waste
  - veterinarians, veterinary assistants/nurses



(<https://doi.org/10.1016/B978-0-323-50934-3.00048-3>)

# Q fever cases in Korea, 2006-2023



- Notified Q fever case are increasing as awareness of Q fever grows since 2015.
- However, Q fever is still a hidden disease in Korea



# Aim of the study

- This study aimed
  - to estimate the Q fever seroprevalence and
  - to identify risk factors among workers engaged in disease control and hygiene of livestock (goat and/or cattle) in Korea (registered members of Livestock Hygiene Control Association, LHCA).



Sampling specimen and disinfection of Livestock and farms



Control of outbreaks of Livestock disease



Sampling and hygiene works in abattoirs

# Methods

- **Study participants**

- A random sample of 275 stratified by region out of 890 registered LHCA members

- **Blood sampling and Survey**

- When: June & July 2023

- What:

- ✓ **Blood sampling**

- Serum for Q fever Antibody & blood for PCR test
- 2<sup>nd</sup> sampling if any Ab > 16 after 3 week

- ✓ **Questionnaire survey** to identify the risk factors: demographic, characteristics of works, frequency of PPE use in detail, risk behaviors, knowledge & attitude on Q fever, past medical history, presence of any symptoms & signs

# Methods

- **Serological analysis**

- Ig M, Ig G Ab (both Phase I & II)
- Indirect immunofluorescent Antibody Assay (IFA) was performed (Focus Diagnostics, Inc., Cypress, CA) on serum samples according to the manufacturer's instructions.
- PCR: DNA extraction (QIAamp DNA Blood kit), Q fever Real-time PCR Kit (AttoPlex), sequencing, GenBank (NCBI)

- **Statistical analysis**

- Descriptive analysis
- Frequency analysis
- Multivariate logistic analysis (seropositive vs. seronegative group)

# Diagnostic Criteria for Q fever, Korean CDC

Status	Criteria	Diagnostic test
Acute Q fever, Confirmed	• Isolation of <i>C. burnetii</i> or	Isolation
	• Specific Ag detection or	Real-time PCR
	• More than 4-fold increase in serum antibodies in the convalescent phase compared to the acute phase (Phase II)	IFA
Acute Q fever, suspected	• Phase II Ig G $\geq$ 1:128	IFA
Chronic Q fever, Confirmed	• Specific Ig G Ab to phase I antigen is greater than or equal to 1:800 and the titer of phase I is higher than phase II	IFA
Chronic Q fever, Suspected	• Phase I Ig G is greater than or equal to 1:128 and less than 1:800	IFA

(Korean CDC. Guideline for Q fever management & Control. 2022)



# Results: Seroprevalence

- Of the 275 participants, 70.1% were male and 37.3% were in their 20s and 30s.
- Seropositive rate of Q fever was 8.4%

Classification	Status	n	%
Seropositive	Acute Q fever, Confirmed*	18	6.5
	Acute Q fever, suspected	3	1.1
	Chronic Q fever, Confirmed	0	0.0
	Chronic Q fever, Suspected	2	0.7
	Subtotal	23	8.4
Seronegative	Undetermined (with any Ab $\geq$ 16)	19	6.8
	Negative ( all Ab < 16)	233	84.8
	Subtotal	252	91.6

\*More than 4-fold increase in serum Ab in the convalescent phase compared to the acute phase (Phase II)

\*No PCR positive

# Results: Risk factors

## Multivariate logistic regression analysis on the risk factors of Q fever seropositivity

Variables	Classification	OR	OR 95% CI	
Age (years)	-29	Reference		
	30-39	0.50	0.09	2.92
	40-49	0.55	0.10	3.03
	50-	0.20	0.02	1.76
Sex	Female	Reference		
	Male	0.46	0.17	1.23
<b>Working duration (years)</b>	< 2	Reference		
	≥ 2	<b>5.46</b>	<b>1.60</b>	<b>18.6</b>
<b>Visited known Q fever out-break farms</b>	Yes	<b>15.90</b>	<b>2.04</b>	<b>124</b>
Work experience in abattoirs for goats	Yes	0.83	0.21	3.28
<b>Knowledge on Q fever</b>	Score*	<b>0.86</b>	<b>0.75</b>	<b>0.98</b>

\*Number of correct answers measured by 12 questions

# Discussion

- Following this survey, the Korean CDC funded additional research to test the remaining 616 registered workers for Q fever, and the seropositivity rate for all workers surveyed was 7.7%. (preliminary results)
  - Acute Q fever (including suspected): 56 cases (6.3%)
  - Chronic Q fever (all suspected) : 13 cases (1.5%)
- Also, this year, the Korean CDC and our laboratory began seroepidemiologic surveillance for Q fever among workers on cattle and goat farms for a pilot study.

# Conclusion

- Seropositive rate for Q fever among 275 animal hygiene workers was 8.3%.
- Lack of knowledge and poor awareness of the disease was a significant risk factor for Q fever positivity.
- In South Korea, Q fever has been under-recognized, even among high-risk populations, and physicians are less likely to diagnose it.
- It is necessary to increase awareness of Q fever among healthcare providers and the general public, and to increase education on prevention and serosurveillance of Q fever for the occupational high-risk groups.



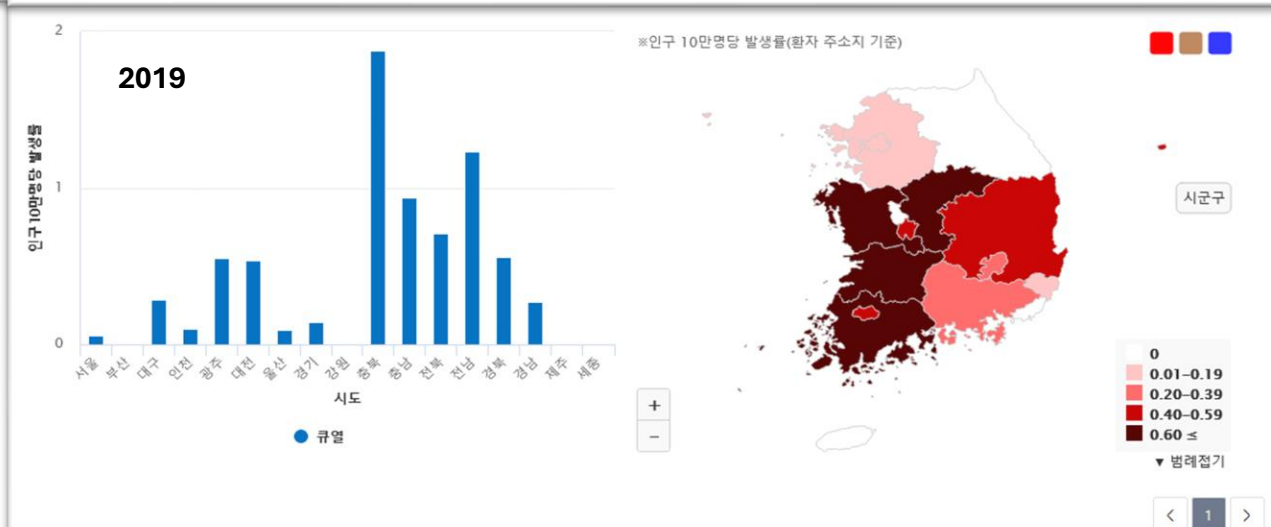
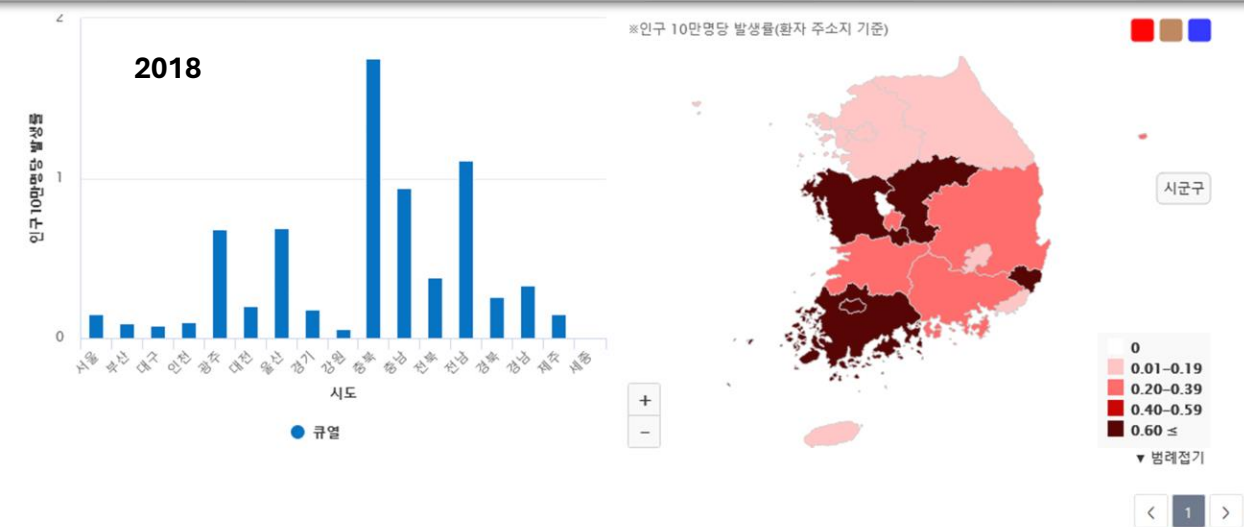
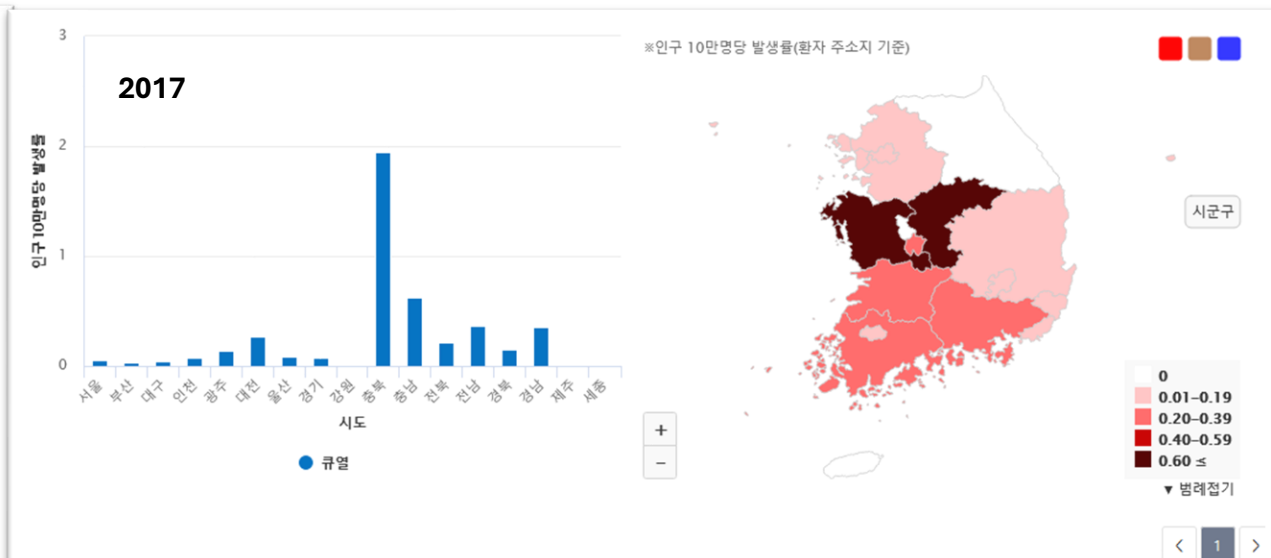
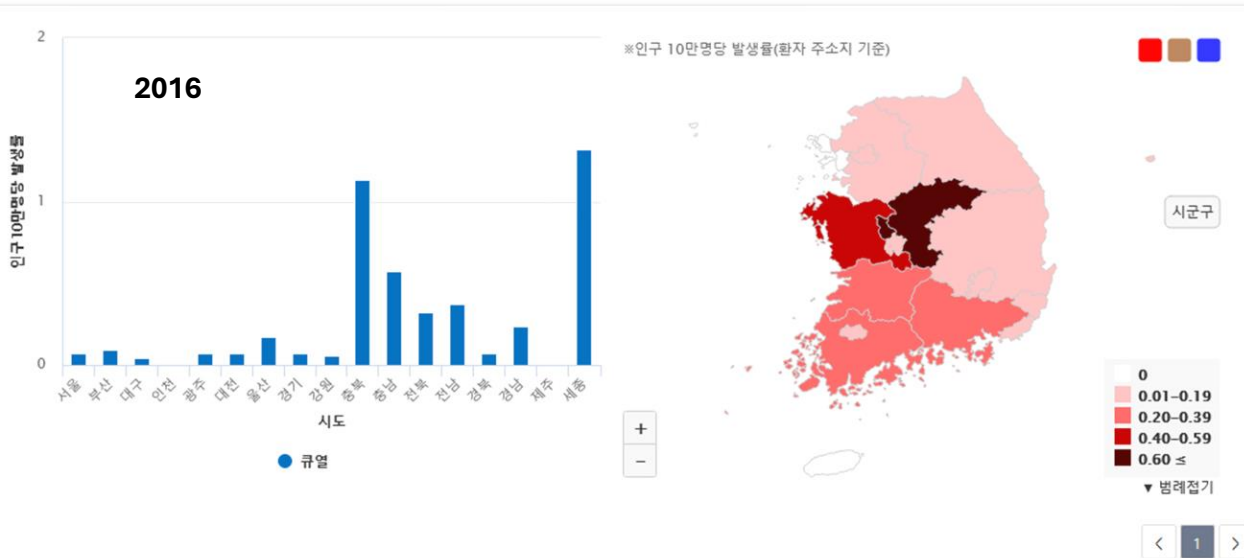
# Supplementary material



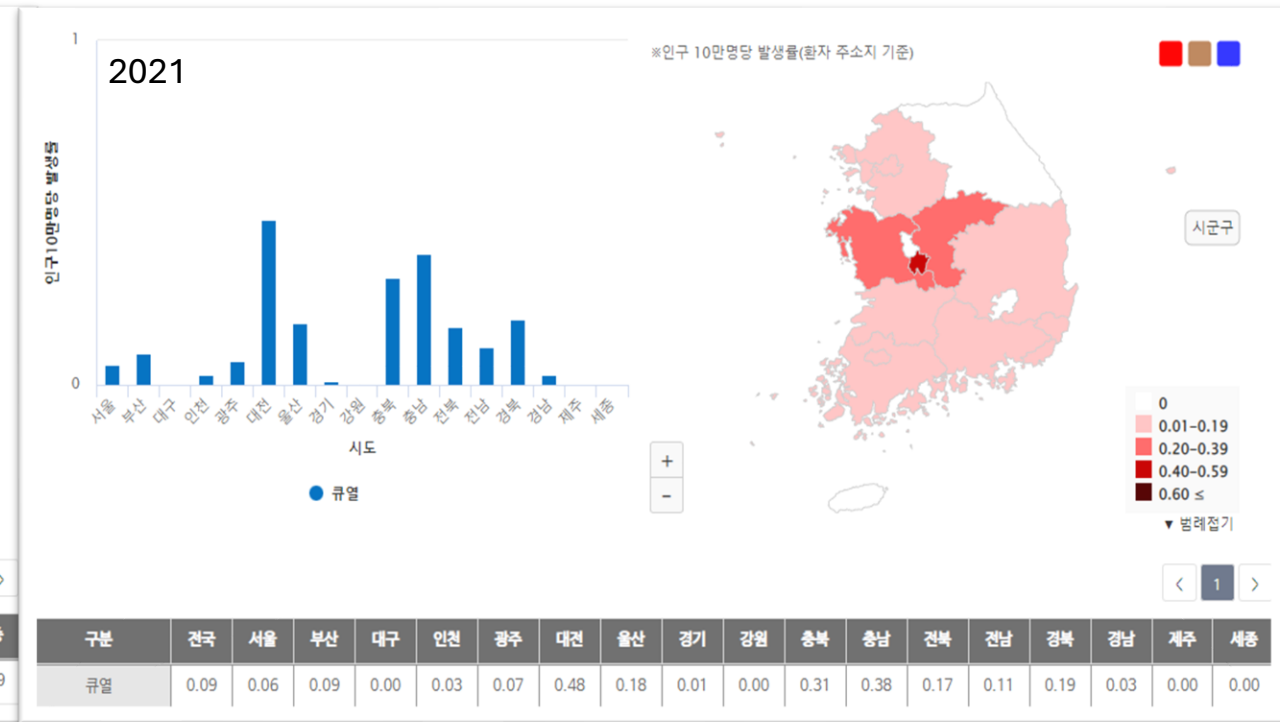
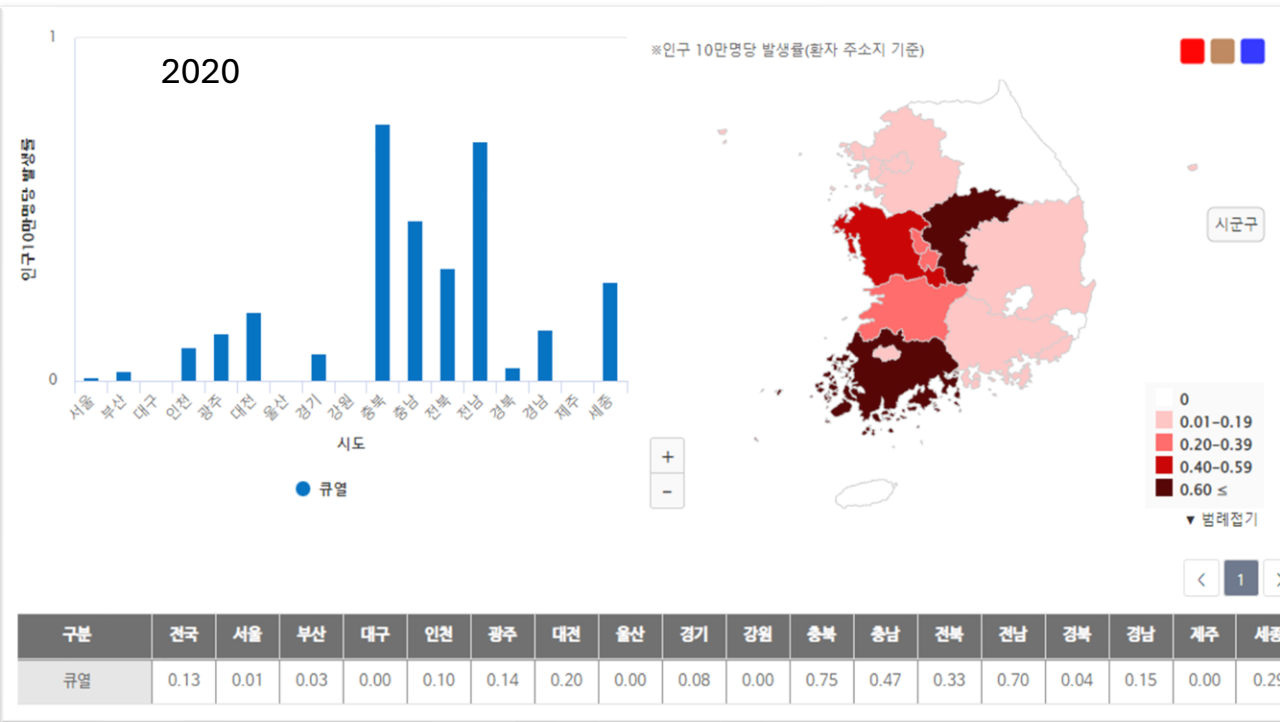
# Q fever antigenic phase

- *C. burnetii* also has two distinct antigenic phases, Phase I and Phase II.
- The primary significance of these two phases is that antibodies to phase II antigens are made during the early stages of the infection,
- but antibodies to phase I antigens predominate if the organism persists longer.
- This switch is used to distinguish acute from chronic infections in people

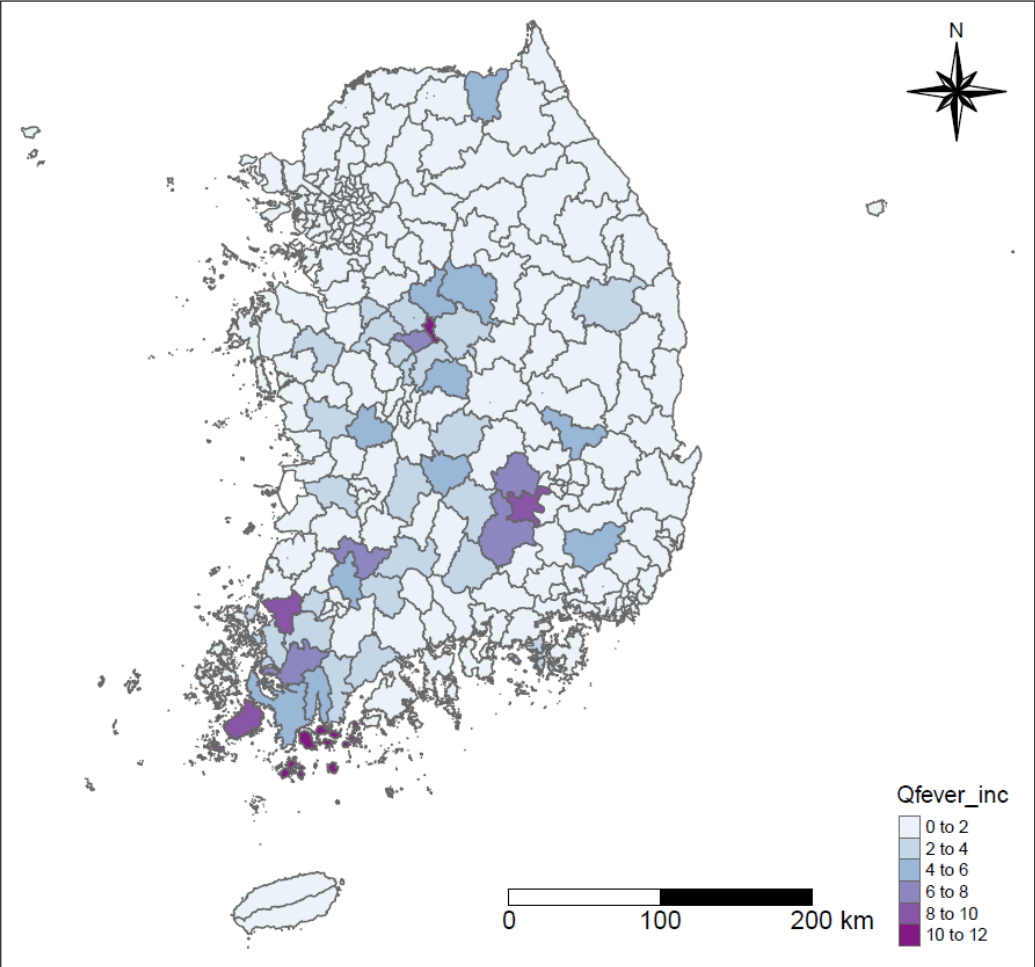
# Annual incidence (per 100,000 population) of reported Q fever–Korea, 2016-2021



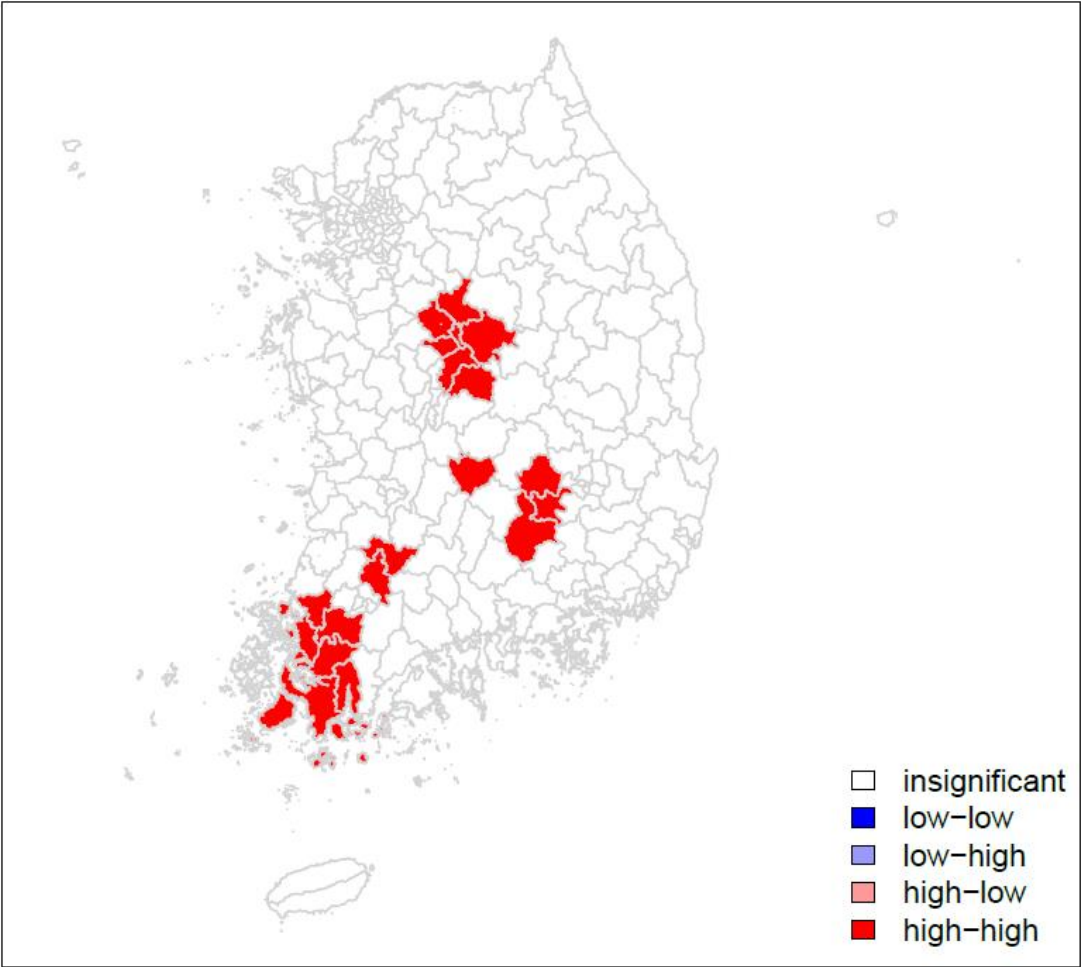
# Annual incidence (per 100,000 population) of reported Q fever–Korea, 2016-2021



# Spatial clustering of Q fever, 2018-2019



Q fever incidence (/100,000), 2018-2019



LISA clustering of Q fever, 2018-2019