#### UNIVERSITY OF BERGEN

# Paternal cardiometabolic conditions and risk of perinatal death Shwe Sin Win, Gerhard Sulo, Anders Engeland, Kari Klungsøyr





Shwe Sin Win
25 September 2024
World Congress of Epidemiology



# Background

#### Perinatal death

- Stillbirths + Deaths during 1st week of life per 1000 births
- Quality indicator
- Incidence 2021 (WHO)
  - Global: 13.9 (Stillbirth) + 18 (Neonatal Mortality)
  - EU: 5.4
  - Nordic countries: 2.5
  - Norway : 2.5



## Background

Human Reproduction, Vol.36, No.3, pp. 785–793, 2021
Advance Access Publication on December 18, 2020 doi:10.1093/humrep/deaa332

human reproduction **ORIGINAL ARTICLE Reproductive epidemiology** 

Association between preconception paternal health and pregnancy loss in the USA: an analysis of US claims data

Alex M. Kasman<sup>1</sup>, Chiyuan A. Zhang<sup>1</sup>, Shufeng Li<sup>1</sup>, Ying Lu<sup>2</sup>, Ruth B. Lathi<sup>3</sup>, David K. Stevenson<sup>3</sup>, Gary M. Shaw<sup>3</sup>, and Michael L. Eisenberg<sup>1,4</sup>,\*

The risk of pregnancy losses increases by increasing numbers of cardiovascular risk factors in the fathers.

ORIGINAL ARTICLES: ANDROLOGY



# Association of preconception paternal health on perinatal outcomes: analysis of U.S. claims data

Alex M. Kasman, M.D., M.S., a Chiyuan A. Zhang, M.P.H., a Shufeng Li, M.S., a David K. Stevenson, M.D., b Gary M. Shaw, Dr.P.H., and Michael L. Eisenberg, M.D. a.c

<sup>a</sup> Department of Urology, <sup>b</sup> Department of Pediatrics, <sup>c</sup> Department of Obstetrics and Gynecology, School of Medicine, Stanford University, Stanford, California

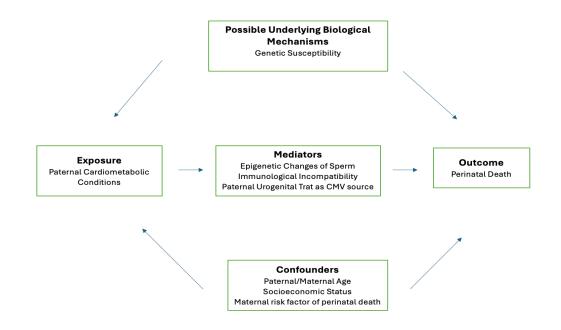
Fathers with cardiovascular risk factors had higher odds of having preterm births, low birth weight babies and longer neonatal intensive care unit stay

### Aim

To explore the association between father's cardiometabolic conditions and offspring perinatal death using population-based, nationwide data from Norway, also taking account of maternal factors and fathers' socioeconomic level.



## **DAG**





#### Methods: Data Sources

- Norwegian Patient Registry (2008)
- Norwegian Prescription Database (2004)
- Medical Birth Registry of Norway (1967)
- National Education Registry
- Statistics Norway

Exposure

**Outcome and Covariates** 

Covariates



# Methods: Exposure and Outcome

#### Exposure

- Hypertension
- Diabetes
- Dyslipidemia
- Severe obesity\*
- Any of the above condition

#### Outcome

Perinatal death defined in our study as intrauterine foetal death from 16 weeks of pregnancy or neonatal death within the first month after birth



#### **Methods: Statistics**

Generalized linear models using log-binomial regression cluster by father's ID

Risk Ratios and 95% CI

Model 1: adjusted for birth year of child

Model 2: adjusted for birth year of child, father's and mother's age at first childbirth, father's education at 25 years, income at 30 years and marital status

Model 3: as model 2 and mother's pre- and gestational HTN, preeclampsia and pre- and gestational diabetes and smoking status during pregnancy (maternal risk factors for perinatal death)

## Results

Figure 1. Number of babies born to fathers with cardiometabolic conditions

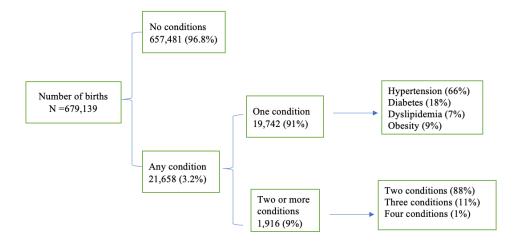
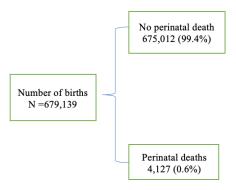
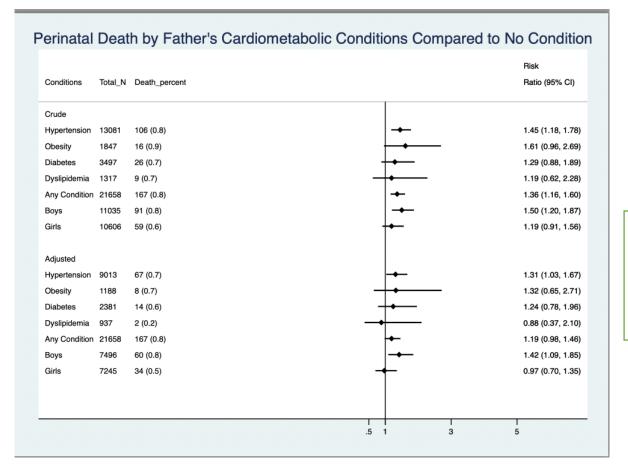


Figure 2. Number of perinatal deaths



### Results



Adjusted for Birth Year of Child, Parental's age, Social Status and Maternal Risk Factors for Perinatal Death



#### Conclusion

- Fathers with cardiometabolic conditions are at higher risk of experiencing perinatal death than fathers without such conditions independent of maternal risk factors.
- For specific conditions, paternal hypertension was associated with increased risk of perinatal death
- Associations were stronger if the sex of the offspring is boy.





uib.no